

**AUSTRALIAN YOUTH AND JUNIOR
WEIGHTLIFTING CHAMPIONSHIPS
& AWF UNDER 16 TOURNAMENT**



18 – 20 September 2009

OFFICIAL RESULTS

RESULTS - WOMEN

| 48kg Women | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|--------------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Courtenay CHISHOLM | 1995 | TAS | 47.20 | 35 | 47 | 82 | - | 1 |

| 53kg Women | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|----------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Davina HUGHES | 1989 | QLD | 52.92 | 65 | 84 | 149 | 1 | - |
| Socheata BE | 1989 | VIC | 52.82 | 67 | 81 | 148 | 2 | - |
| Kirsten WU | 1993 | QLD | 52.16 | 54 | 71 | 125 | 3 | 1 |
| Andrea MULLINS | 1994 | NT | 52.28 | 46 | 64 | 110 | - | 2 |

| 58kg Women | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|-----------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Bianca SHEPPARD | 1992 | QLD | 57.44 | 65 | 72 | 137 | 1 | 1 |

| 63kg Women | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|---------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Michelle KAHl | 1994 | QLD | 62.12 | 73 | 84 | 157 | 1 | 1 |

| +75kg Women | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|----------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Bonnie SLEEMAN | 1993 | QLD | 76.66 | 64 | 78 | 142 | - | 1 |

RESULTS - MEN

| 56kg Men | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|-----------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Simon BANNISTER | 1991 | TAS | 55.78 | 65 | 90 | 155 | - | 1 |
| Sam BAUMANN | 1992 | QLD | 55.26 | 60 | 80 | 140 | - | 2 |

| 62kg Men | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|-------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Scott CLARK | 1991 | QLD | 60.76 | 88 | 105 | 193 | 1 | 1 |
| Justin EDGE | 1992 | SA | 61.42 | 80 | 98 | 178 | 2 | 2 |
| Jack RAU | 1993 | NT | 61.20 | 75 | 92 | 167 | - | 3 |

| 69kg Men | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|----------------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Akashdeep SINGH GILL | 1989 | VIC | 67.84 | 84 | 100 | 184 | 1 | - |
| Patrick CHOW | 1991 | NSW | 63.36 | 71 | 101 | 172 | - | 1 |

| 77kg Men | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|-------------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Patrick INGLIS | 1989 | SA | 70.88 | 105 | 135 | 240 | 1 | - |
| Stephen McCONNELL | 1991 | VIC | 75.90 | 110 | 130 | 240 | 2 | 1 |
| Liam LARKINS | 1993 | VIC | 72.00 | 83 | 100 | 183 | - | 2 |

| 85kg Men | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|------------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Chris FRATANGELO | 1989 | TAS | 80.36 | 103 | 135 | 238 | 1 | - |
| Daniel KATZ | 1990 | VIC | 77.38 | 100 | 135 | 235 | 2 | - |
| Paulo MAGISTRADO | 1992 | VIC | 83.22 | 90 | 110 | 200 | - | 1 |

| 94kg Men | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|--------------------|-------|-------|-------|--------|-----|-------|--------|-------|
| Scott TAYLOR | 1989 | TAS | 88.68 | 100 | 125 | 225 | 1 | - |
| Shunsuke TAKAHASHI | 1992 | QLD | 92.66 | 80 | 105 | 185 | - | 1 |

| 105kg Men | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|-----------------|-------|-------|--------|--------|-----|-------|--------|-------|
| Zac GRGUREVIC | 1991 | TAS | 99.32 | 120 | 155 | 275 | 1 | 1 |
| Firas EL ACHKAR | 1992 | SA | 103.22 | 110 | 140 | 250 | 2 | 2 |
| Joshua QUINN | 1991 | VIC | 102.66 | 0 | - | - | - | - |

| +105kg Men | Birth | State | B/WT | Snatch | C&J | Total | Junior | Youth |
|------------|-------|-------|--------|--------|-----|-------|--------|-------|
| Adam Kok | 1990 | VIC | 116.34 | 120 | 155 | 275 | 1 | - |

SINCLAIR - WOMEN

| Women | Birth | State | B/WT | Snatch | C&J | Total | Sinclair |
|---------------------------------|-------|-------|-------|--------|-----|-------|----------|
| Davina HUGHES (Junior) | 1989 | QLD | 52.92 | 65 | 84 | 149 | 209.72 |
| Socheata BE | 1989 | VIC | 52.82 | 67 | 81 | 148 | 208.63 |
| Michelle KAHN (Youth) | 1994 | QLD | 62.12 | 73 | 84 | 157 | 196.94 |
| Bianca SHEPPARD | 1992 | QLD | 57.44 | 65 | 72 | 137 | 181.27 |
| Kirsten WU | 1993 | QLD | 52.16 | 54 | 71 | 125 | 177.98 |
| Bonnie SLEEMAN | 1993 | QLD | 76.66 | 64 | 78 | 142 | 158.72 |
| Andrea MULLINS | 1994 | NT | 52.28 | 46 | 64 | 110 | 156.34 |
| Courtenay CHISHOLM | 1995 | TAS | 47.20 | 35 | 47 | 82 | 127.12 |

SINCLAIR - MEN

| Men | Birth | State | B/WT | Snatch | C&J | Total | Sinclair |
|----------------------------------|-------|-------|--------|--------|-----|-------|----------|
| Patrick INGLIS (Junior) | 1989 | SA | 70.88 | 105 | 135 | 240 | 315.89 |
| Zac GRGUREVIC (Youth) | 1991 | TAS | 99.32 | 120 | 155 | 275 | 306.08 |
| Stephen McCONNELL | 1991 | VIC | 75.90 | 110 | 130 | 240 | 303.42 |
| Daniel KATZ | 1990 | VIC | 77.38 | 100 | 135 | 235 | 293.91 |
| Chris FRATANGELO | 1989 | TAS | 80.36 | 103 | 135 | 238 | 291.65 |
| Adam Kok | 1990 | VIC | 116.34 | 120 | 155 | 275 | 290.60 |
| Scott CLARK | 1991 | QLD | 60.76 | 88 | 105 | 193 | 281.41 |
| Firas EL ACHKAR | 1992 | SA | 103.22 | 110 | 140 | 250 | 274.33 |
| Scott TAYLOR | 1989 | TAS | 88.68 | 100 | 125 | 225 | 262.65 |
| Justin EDGE | 1992 | SA | 61.42 | 80 | 98 | 178 | 257.55 |
| Akashdeep SINGH GILL | 1989 | VIC | 67.84 | 84 | 100 | 184 | 248.93 |
| Patrick CHOW | 1991 | NSW | 63.36 | 71 | 101 | 172 | 243.51 |
| Jack RAU | 1993 | NT | 61.20 | 75 | 92 | 167 | 242.25 |
| Simon BANNISTER | 1991 | TAS | 55.78 | 65 | 90 | 155 | 240.89 |
| Paulo MAGISTRADO | 1992 | VIC | 83.22 | 90 | 110 | 200 | 240.72 |
| Liam LARKINS | 1993 | VIC | 72.00 | 83 | 100 | 183 | 238.58 |
| Sam BAUMANN | 1992 | QLD | 55.26 | 60 | 80 | 140 | 219.17 |
| Shunsuke TAKAHASHI | 1992 | QLD | 92.66 | 80 | 105 | 185 | 211.79 |
| Joshua QUINN | 1991 | VIC | 102.66 | 0 | - | - | - |

TEAM CLASSIFICATION - YOUTH WOMEN

WINNERS - QUEENSLAND

TEAM CLASSIFICATION - JUNIOR WOMEN

WINNERS - QUEENSLAND

TEAM CLASSIFICATION - YOUTH MEN

EQUAL WINNERS - QUEENSLAND & VICTORIA

TEAM CLASSIFICATION - JUNIOR MEN

WINNERS - VICTORIA

RESULTS - U16, WOMEN

| Women | Birth | State | Team | B/WT | Snatch | C&J | Total | Points |
|------------------|-------|-------|------|-------|--------|-----|-------|--------|
| Michelle Kahi | 1994 | QLD | A | 62.42 | 72 | 80 | 152 | 147.57 |
| Kirsten Wu | 1993 | QLD | A | 52.06 | 53 | 69 | 122 | 128.42 |
| Bonnie Sleeman | 1993 | QLD | A | 77.02 | 61 | 77 | 138 | 124.00 |
| Reachny Be | 1994 | VIC | A | 57.56 | 44 | 52 | 96 | 97.12 |
| Kimberley Smith | 1994 | TAS | A | 69.62 | 40 | 55 | 95 | 96.16 |
| Courtney Page | 1996 | WA | A | 90.92 | 45 | 57 | 102 | 94.00 |
| Kara Stuart | 1994 | QLD | B | 44.84 | 33 | 45 | 78 | 89.66 |
| Sarah Wignall | 1994 | WA | A | 66.34 | 37 | 49 | 86 | 86.37 |
| Sophie Cowen | 1997 | TAS | A | 50.48 | 36 | 44 | 80 | 84.21 |
| Nakieta Davis | 1997 | TAS | A | 32.86 | 22 | 30 | 52 | 80.14 |
| Tiarna Davis | 1999 | TAS | B | 37.80 | 20 | 31 | 51 | 78.86 |
| Alexandra Martin | 1997 | WA | A | 46.58 | 23 | 26 | 49 | 59.32 |

RESULTS - U16, MEN

| Men | Birth | State | Team | B/WT | Snatch | C&J | Total | Points |
|------------------|-------|-------|------|-------|--------|-----|-------|--------|
| Liam Larkins | 1993 | VIC | A | 71.58 | 82 | 97 | 179 | 117.48 |
| Jack Rau | 1993 | NT | A | 59.82 | 75 | 91 | 166 | 115.28 |
| Kallan Lauritsen | 1993 | WA | B | 64.70 | 67 | 93 | 160 | 112.90 |
| Henry Wen | 1993 | QLD | A | 80.18 | 78 | 96 | 174 | 108.43 |
| Ryan Pasfield | 1993 | NSW | A | 88.38 | 77 | 107 | 184 | 106.00 |
| Matthew Munns | 1993 | WA | A | 65.62 | 58 | 84 | 142 | 101.21 |
| Michael Winn | 1994 | QLD | A | 61.46 | 59 | 70 | 129 | 98.58 |
| Jake Ratcliffe | 1994 | QLD | A | 63.18 | 60 | 75 | 135 | 93.66 |
| Patrick Ryan | 1995 | VIC | A | 67.00 | 55 | 71 | 126 | 87.82 |
| Jackson Hughes | 1993 | WA | B | 72.16 | 57 | 82 | 139 | 87.24 |
| Jordy Gallager | 1993 | WA | B | 85.24 | 70 | 88 | 158 | 85.87 |
| Aaron Sym | 1995 | QLD | B | 59.98 | 45 | 56 | 101 | 79.14 |
| Jordan Arenson | 1995 | QLD | B | 63.78 | 45 | 63 | 108 | 79.13 |
| Luke Lilli | 1994 | NSW | A | 85.92 | 58 | 70 | 128 | 75.57 |
| Joshua Wu | 1996 | QLD | B | 41.90 | 37 | 42 | 79 | 71.83 |
| Matthew Newman | 1995 | TAS | A | 75.22 | 47 | 63 | 110 | 69.67 |
| Nathan Gill | 1994 | QLD | C | 77.44 | 43 | 56 | 99 | 62.57 |
| Andrew Adams | 1995 | QLD | C | 65.32 | 36 | 46 | 82 | 62.25 |
| Blake Shadbolt | 1998 | WA | A | 42.26 | 25 | 34 | 59 | 58.17 |
| Jordan Wales | 1998 | WA | A | 49.98 | 24 | 34 | 58 | 54.67 |
| Joshua Wegert | 1996 | QLD | C | 47.28 | 26 | 34 | 60 | 50.24 |
| Keelan Turvey | 1997 | TAS | A | 65.46 | 26 | 36 | 62 | 49.26 |
| Matthew Lilli | 1996 | NSW | A | 92.68 | 33 | 45 | 78 | 48.39 |

TEAM WINNERS - U16, WOMEN
QUEENSLAND 'A'

TEAM WINNERS - U16, MEN
QUEENSLAND 'A'

BEST LIFTER - U16, WOMEN
MICHELLE KAHl - QUEENSLAND

BEST LIFTER - U16, MEN
LIAM LARKINS - VICTORIA