

**Victorian Weightlifting Association**  
**2009 Open Female Rankings**  
**As At December 31**

<b>48Kg</b>	<b>Name</b>	<b>YOB</b>	<b>Club</b>	<b>B/Wt</b>	<b>Snatch</b>	<b>C &amp; J</b>	<b>Total</b>	<b>Sinclair</b>	<b>Date</b>	<b>Competition</b>
1	Vivian Lee	78	Hawthorn	47.8	68	83	151	231.47	29/08/09	HWC Alby Dutton Memorial Cup
2	Sara Saenger	91	Geelong	46.2	31	41	72	113.81	30/05/09	Touchdown Tours VWA Championships
3	Jacquie Slattery	91	Geelong	43.75	28	37	65	108.16	30/05/09	Touchdown Tours VWA Championships
4	Regine Imperial	96	Mt. Lilydale	42.95	15	25	40	67.77	06/11/09	Victorian Schools Championships
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<b>53Kg</b>	<b>Name</b>	<b>YOB</b>	<b>Club</b>	<b>B/Wt</b>	<b>Snatch</b>	<b>C &amp; J</b>	<b>Total</b>	<b>Sinclair</b>	<b>Date</b>	<b>Competition</b>
1	Socheata Be	89	Hawthorn	52.5	68	83	151	213.89	19/12/09	Hawthorn Weightlifting Club Championships
2	Reachny Be	94	Hawthorn	52.75	39	43	82	115.71	30/05/09	Touchdown Tours VWA Championships
3	Sarah Saengar	91	Geelong	48.35	31	38	69	104.71	24/01/09	2009 HWC Australia Day Competition
4	Catherine Maxfield	94	Mt. Lilydale	49.95	25	32	57	84.11	24/04/09	Touchdown Tours School League Round 2
5	Jackie Hartley	93	Mt. Lilydale	50.15	22	32	54	56.27	09/10/09	2009 Sport & Recreation Victoria Cup
6	Teneshia Bonnano	96	Mt. Lilydale	51.35	22	32	54	55.80	06/11/09	Victorian Schools Championships
7	Abbey Page	96	Mt. Lilydale	48.5	20	23	43	44.44	06/11/09	Victorian Schools Championships
8	Indra Govan	97	Mt. Lilydale	51.5	15	23	38	39.17	06/11/09	Victorian Schools Championships
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<b>58Kg</b>	<b>Name</b>	<b>YOB</b>	<b>Club</b>	<b>B/Wt</b>	<b>Snatch</b>	<b>C &amp; J</b>	<b>Total</b>	<b>Sinclair</b>	<b>Date</b>	<b>Competition</b>
1	Socheata Be	89	Hawthorn	55.05	66	77	143	195.22	24/01/09	2009 HWC Australia Day Competition
2	Priscilla Kennedy	85	Phoenix	55.45	55	65	120	162.93	30/05/09	Touchdown Tours VWA Championships
3	Reachny Be	94	Hawthorn	55.45	47	53	100	135.78	19/12/09	Hawthorn Weightlifting Club Championships
4	Bernadette Kinnane	57	Hawthorn	54.85	32	44	76	104.04	29/08/09	HWC Alby Dutton Memorial Cup
5	Katrina Hannan	62	Geelong	57.5	27	37	64	84.62	21/02/09	2009 Australian Masters Championships
6	Stephanie Gibbs	96	Mt. Lilydale	56.45	22	25	47	62.97	06/11/09	Victorian Schools Championships
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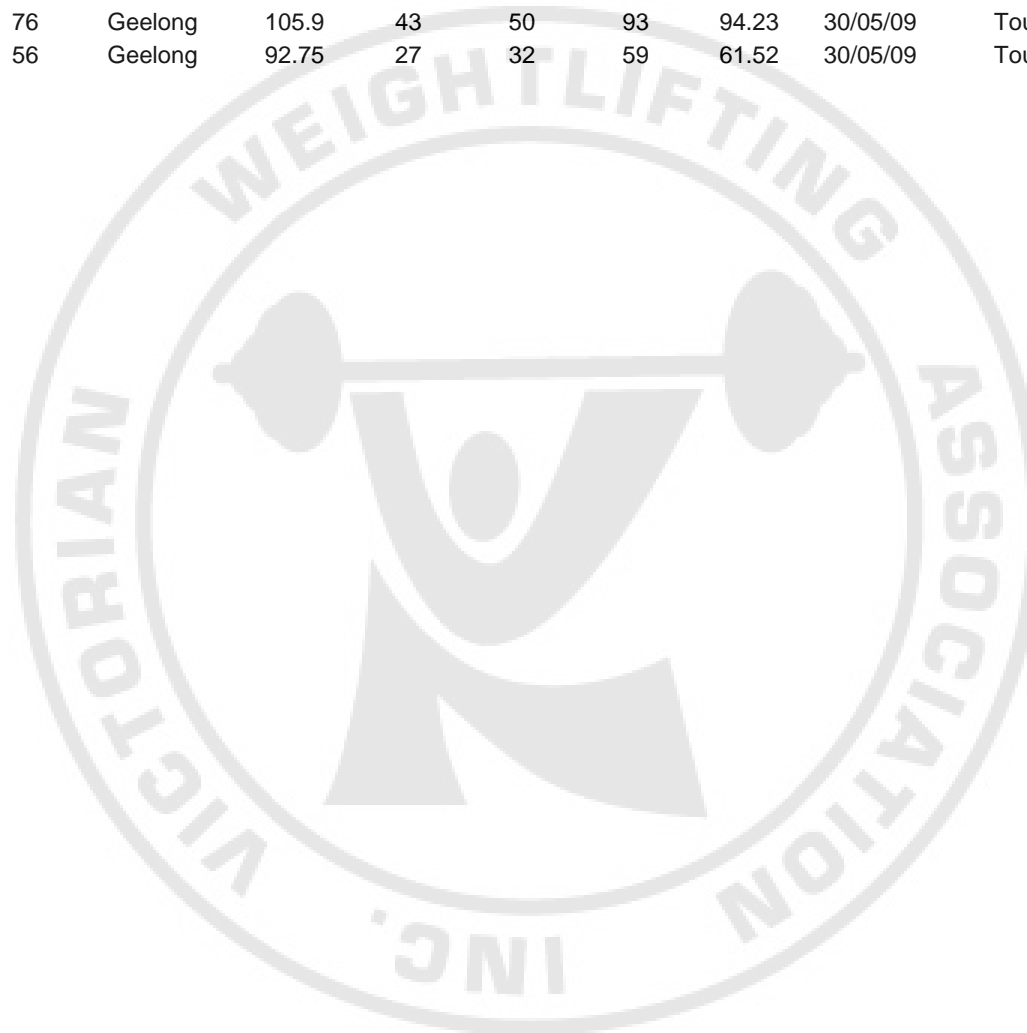
63Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Seen Lee	82	Hawthorn	59.95	90	106	196	251.71	19/12/09	Hawthorn Weightlifting Club Championships
2	Jacque White	82	Hawthorn	62.75	82	100	182	226.83	18/07/09	2009 AWF National Championships
3	Sara Kersten-Murphy	83	Geelong	61.75	48	65	113	142.30	30/05/09	Touchdown Tours VWA Championships
4	Lina Vukojevic	61	LG	62	38	50	88	110.52	21/02/09	2009 Australian Masters Championships
5	Lizzie Watson	92	B.S.C	62.5	32	44	76	94.96	06/11/09	Victorian Schools Championships
6	Elaine Janes	45	Geelong	62.95	29	38	67	83.33	24/01/09	2009 HWC Australia Day Competition
7	Courtney Brierley	96	Mt. Lilydale	62.5	22	27	49	61.22	06/11/09	Victorian Schools Championships
8	Brook Delsanto	96	Mt. Lilydale	60.05	20	27	47	60.29	06/11/09	Victorian Schools Championships
9	Harriet Kimpton	97	Mt. Lilydale	61.5	22	25	47	59.34	06/11/09	Victorian Schools Championships
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69Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Jacque White	82	Hawthorn	63.6	83	100	183	226.15	30/05/09	Touchdown Tours VWA Championships
2	Sara Kersten-Murphy	83	Geelong	64.4	55	69	124	152.06	21/11/09	VWA Open & Master's Grand Prix
3	Hannah Savage	80	Grace Park	68.1	45	60	105	124.61	21/11/09	VWA Open & Master's Grand Prix
4	Lina Vukojevic	61	LG	63.64	44	59	103	127.24	11/10/09	2009 World Masters Games
5	Elle Van Dewesthoizen	92	Mt. Lilydale	66.8	30	35	65	67.93	09/10/09	2009 Sport & Recreation Victoria Cup
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75Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Belinda Van Tienen	86	Hawthorn	74.9	89	108	197	222.57	29/08/09	HWC Alby Dutton Memorial Cup
2	Carley McKay	86	Hawthorn	71.7	58	63	121	139.68	19/12/09	Hawthorn Weightlifting Club Championships
3	Sheree Peck	72	Geelong	72.6	35	50	85	97.50	21/02/09	2009 Australian Masters Championships
4	Lauren Howell	94	Mt. Lilydale	70.85	30	35	65	75.50	09/10/09	2009 Sport & Recreation Victoria Cup
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75+Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Carley McKay	86	Hawthorn	75.15	56	66	122	137.62	30/05/09	Touchdown Tours VWA Championships
2	Kellie Mikulec	76	Geelong	105.9	43	50	93	94.23	30/05/09	Touchdown Tours VWA Championships
3	Deborah Thomas	56	Geelong	92.75	27	32	59	61.52	30/05/09	Touchdown Tours VWA Championships
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**Victorian Weightlifting Association**  
**2009 Under 20 Female Rankings**  
**As At December 31**

<b>48Kg</b>	<b>Name</b>	<b>YOB</b>	<b>Club</b>	<b>B/Wt</b>	<b>Snatch</b>	<b>C &amp; J</b>	<b>Total</b>	<b>Sinclair</b>	<b>Date</b>	<b>Competition</b>
1	Sara Saenger	91	Geelong	46.2	31	41	72	113.81	30/05/09	Touchdown Tours VWA Championships
2	Jacquie Slattery	91	Geelong	43.75	28	37	65	108.16	30/05/09	Touchdown Tours VWA Championships
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<b>53Kg</b>	<b>Name</b>	<b>YOB</b>	<b>Club</b>	<b>B/Wt</b>	<b>Snatch</b>	<b>C &amp; J</b>	<b>Total</b>	<b>Sinclair</b>	<b>Date</b>	<b>Competition</b>
1	Socheata Be	89	Hawthorn	52.5	68	83	151	213.89	19/12/09	Hawthorn Weightlifting Club Championships
2	Reachny Be	94	Hawthorn	52.75	39	43	82	115.71	30/05/09	Touchdown Tours VWA Championships
3	Sarah Saengar	91	Geelong	48.35	31	38	69	104.71	24/01/09	2009 HWC Australia Day Competition
4	Catherine Maxfield	94	Mt. Lilydale	49.95	25	32	57	84.11	24/04/09	Touchdown Tours School League Round 2
5	Jackie Hartley	93	Mt. Lilydale	50.15	22	32	54	56.27	09/10/09	2009 Sport & Recreation Victoria Cup
6	Teneshia Bonnano	96	Mt. Lilydale	51.35	22	32	54	55.80	06/11/09	Victorian Schools Championships
7	Abbey Page	96	Mt. Lilydale	48.5	20	23	43	44.44	06/11/09	Victorian Schools Championships
8	Indra Govan	97	Mt. Lilydale	51.5	15	23	38	39.17	06/11/09	Victorian Schools Championships
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<b>58Kg</b>	<b>Name</b>	<b>YOB</b>	<b>Club</b>	<b>B/Wt</b>	<b>Snatch</b>	<b>C &amp; J</b>	<b>Total</b>	<b>Sinclair</b>	<b>Date</b>	<b>Competition</b>
1	Socheata Be	89	Hawthorn	55.05	66	77	143	195.22	24/01/09	2009 HWC Australia Day Competition
2	Reachny Be	94	Hawthorn	55.45	47	53	100	135.78	19/12/09	Hawthorn Weightlifting Club Championships
3	Stephanie Gibbs	96	Mt. Lilydale	56.45	22	25	47	62.97	06/11/09	Victorian Schools Championships
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63Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Lizzie Watson	92	B.S.C	62.5	32	44	76	94.96	06/11/09	Victorian Schools Championships
2	Courtney Brierley	96	Mt. Lilydale	62.5	22	27	49	61.22	06/11/09	Victorian Schools Championships
3	Brook Delsanto	96	Mt. Lilydale	60.05	20	27	47	60.29	06/11/09	Victorian Schools Championships
4	Harriet Kimpton	97	Mt. Lilydale	61.5	22	25	47	59.34	06/11/09	Victorian Schools Championships
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69Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Elle Van Dewesthoizen	92	Mt. Lilydale	66.8	30	35	65	67.93	09/10/09	2009 Sport & Recreation Victoria Cup
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75Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Lauren Howell	94	Mt. Lilydale	70.85	30	35	65	75.50	09/10/09	2009 Sport & Recreation Victoria Cup
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75+Kg

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**Victorian Weightlifting Association**  
**2009 Under 18 Female Rankings**  
**As At December 31**

40Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
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44Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Jacque Slattery	91	Geelong	43.75	28	37	65	108.16	30/05/09	Touchdown Tours VWA Championships
2	Regine Imperial	96	Mt. Lilydale	42.95	15	25	40	67.77	06/11/09	Victorian Schools Championships
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48Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Sara Saenger	91	Geelong	46.2	31	41	72	113.81	30/05/09	Touchdown Tours VWA Championships
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53Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Reachny Be	94	Hawthorn	52.75	39	43	82	115.71	30/05/09	Touchdown Tours VWA Championships
2	Sarah Saengar	91	Geelong	48.35	31	38	69	104.71	24/01/09	2009 HWC Australia Day Competition
3	Catherine Maxfield	94	Mt. Lilydale	49.95	25	32	57	84.11	24/04/09	Touchdown Tours School League Round 2
4	Jackie Hartley	93	Mt. Lilydale	50.15	22	32	54	56.27	09/10/09	2009 Sport & Recreation Victoria Cup
5	Teneshia Bonnano	96	Mt. Lilydale	51.35	22	32	54	55.80	06/11/09	Victorian Schools Championships
6	Abbey Page	96	Mt. Lilydale	48.5	20	23	43	44.44	06/11/09	Victorian Schools Championships
7	Indra Govan	97	Mt. Lilydale	51.5	15	23	38	39.17	06/11/09	Victorian Schools Championships
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58Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Reachny Be	94	Hawthorn	55.45	47	53	100	135.78	19/12/09	Hawthorn Weightlifting Club Championships
2	Stephanie Gibbs	96	Mt. Lilydale	56.45	22	25	47	62.97	06/11/09	Victorian Schools Championships
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63Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Lizzie Watson	92	B.S.C	62.5	32	44	76	94.96	06/11/09	Victorian Schools Championships
2	Courtney Brierley	96	Mt. Lilydale	62.5	22	27	49	61.22	06/11/09	Victorian Schools Championships
3	Brook Delsanto	96	Mt. Lilydale	60.05	20	27	47	60.29	06/11/09	Victorian Schools Championships
4	Harriet Kimpton	97	Mt. Lilydale	61.5	22	25	47	59.34	06/11/09	Victorian Schools Championships
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69Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Elle Van Dewesthoizen	92	Mt. Lilydale	66.8	30	35	65	67.93	09/10/09	2009 Sport & Recreation Victoria Cup
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75Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Lauren Howell	94	Mt. Lilydale	70.85	30	35	65	75.50	09/10/09	2009 Sport & Recreation Victoria Cup
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75+Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
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Established 1920

**Victorian Weightlifting Association  
2009 Under 16 Female Rankings  
As At December 31**

40Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
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44Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Regine Imperial	96	Mt. Lilydale	42.95	15	25	40	67.77	06/11/09	Victorian Schools Championships
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48Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
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53Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Reachny Be	94	Hawthorn	52.75	39	43	82	115.71	30/05/09	Touchdown Tours VWA Championships
2	Catherine Maxfield	94	Mt. Lilydale	49.95	25	32	57	84.11	24/04/09	Touchdown Tours School League Round 2
3	Jackie Hartley	93	Mt. Lilydale	50.15	22	32	54	56.27	09/10/09	2009 Sport & Recreation Victoria Cup
4	Teneshia Bonnano	96	Mt. Lilydale	51.35	22	32	54	55.80	06/11/09	Victorian Schools Championships
5	Abbey Page	96	Mt. Lilydale	48.5	20	23	43	44.44	06/11/09	Victorian Schools Championships
6	Indra Govan	97	Mt. Lilydale	51.5	15	23	38	39.17	06/11/09	Victorian Schools Championships
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58Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Reachny Be	94	Hawthorn	55.45	47	53	100	135.78	19/12/09	Hawthorn Weightlifting Club Championships
2	Stephanie Gibbs	96	Mt. Lilydale	56.45	22	25	47	62.97	06/11/09	Victorian Schools Championships
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63Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Courtney Brierley	96	Mt. Lilydale	62.5	22	27	49	61.22	06/11/09	Victorian Schools Championships
2	Brook Delsanto	96	Mt. Lilydale	60.05	20	27	47	60.29	06/11/09	Victorian Schools Championships
3	Harriet Kimpton	97	Mt. Lilydale	61.5	22	25	47	59.34	06/11/09	Victorian Schools Championships
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69Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
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75Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Lauren Howell	94	Mt. Lilydale	70.85	30	35	65	75.50	09/10/09	2009 Sport & Recreation Victoria Cup
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75+Kg	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
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Established 1920

**Victorian Weightlifting Association**  
**2009 Female Sinclair Points Score Rankings**  
**As At December 31**

Rank	Name	YOB	Club	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Seen Lee	82	Hawthorn	59.5	90	105	195	251.71	29/03/09	2009 AWF Club Championships
2	Vivian Lee	78	Hawthorn	47.8	68	83	151	231.47	29/08/09	HWC Alby Dutton Memorial Cup
3	Jacquie White	82	Hawthorn	62.75	82	100	182	226.83	18/07/09	2009 AWF National Championships
4	Belinda Van Tienen	86	Hawthorn	74.9	89	108	197	222.57	29/08/09	HWC Alby Dutton Memorial Cup
5	Socheata Be	89	Hawthorn	52.5	68	83	151	213.89	19/12/09	Hawthorn Weightlifting Club Championships
6	Priscilla Kennedy	85	Phoenix	55.45	55	65	120	162.93	30/05/09	Touchdown Tours VWA Championships
7	Sara Kersten-Murphy	83	Geelong	64.4	55	69	124	152.06	21/11/09	VWA Open & Master's Grand Prix
8	Carley McKay	86	Hawthorn	71.7	58	63	121	139.68	19/12/09	Hawthorn Weightlifting Club Championships
9	Reachny Be	94	Hawthorn	55.45	47	53	100	135.78	19/12/09	Hawthorn Weightlifting Club Championships
10	Lina Vukojevic	61	LG	63.64	44	59	103	127.24	11/10/09	2009 World Masters Games
11	Hannah Savage	80	Grace Park	68.1	45	60	105	124.61	21/11/09	VWA Open & Master's Grand Prix
12	Sara Saenger	91	Geelong	46.2	31	41	72	113.81	30/05/09	Touchdown Tours VWA Championships
13	Jacquie Slattery	91	Geelong	43.75	28	37	65	108.16	30/05/09	Touchdown Tours VWA Championships
14	Bernadette Kinnane	57	Hawthorn	54.85	32	44	76	104.04	29/08/09	HWC Alby Dutton Memorial Cup
15	Sheree Peck	72	Geelong	72.6	35	50	85	97.50	21/02/09	2009 Australian Masters Championships
16	Lizzie Watson	92	B.S.C	62.5	32	44	76	94.96	06/11/09	Victorian Schools Championships
17	Kellie Mikulec	76	Geelong	105.9	43	50	93	94.23	30/05/09	Touchdown Tours VWA Championships
18	Katrina Hannan	62	Geelong	57.5	27	37	64	84.62	21/02/09	2009 Australian Masters Championships
19	Catherine Maxfield	94	Mt. Lilydale	49.95	25	32	57	84.11	24/04/09	Touchdown Tours School League Round 2
20	Elaine Janes	45	Geelong	62.95	29	38	67	83.33	24/01/09	2009 HWC Australia Day Competition
21	Jackie Hartley	93	Mt. Lilydale	50.15	22	32	54	79.42	09/10/09	2009 Sport & Recreation Victoria Cup
22	Elle Van Dewesthoizen	92	Mt. Lilydale	66.8	30	35	65	77.99	09/10/09	2009 Sport & Recreation Victoria Cup
23	Lauren Howell	94	Mt. Lilydale	70.85	30	35	65	75.50	09/10/09	2009 Sport & Recreation Victoria Cup
24	Regine Imperial	96	Mt. Lilydale	42.95	15	25	40	67.77	06/11/09	Victorian Schools Championships
25	Stephanie Gibbs	96	Mt. Lilydale	56.45	22	25	47	62.97	06/11/09	Victorian Schools Championships
26	Deborah Thomas	56	Geelong	92.75	27	32	59	61.52	30/05/09	Touchdown Tours VWA Championships
27	Courtney Brierley	96	Mt. Lilydale	62.5	22	27	49	61.22	06/11/09	Victorian Schools Championships
28	Brook Delsanto	96	Mt. Lilydale	60.05	20	27	47	60.29	06/11/09	Victorian Schools Championships
29	Harriet Kimpton	97	Mt. Lilydale	61.5	22	25	47	59.34	06/11/09	Victorian Schools Championships
30	Teneshia Bonnano	96	Mt. Lilydale	51.35	22	32	54	55.80	06/11/09	Victorian Schools Championships
31	Abbey Page	96	Mt. Lilydale	48.5	20	23	43	44.44	06/11/09	Victorian Schools Championships
32	Indra Govan	97	Mt. Lilydale	51.5	15	23	38	39.17	06/11/09	Victorian Schools Championships