



Established 1920

2010 VICTORIAN MASTERS CHAMPIONSHIPS & VWA OPEN COMPETITION

held: 17 April 2010
at: Victorian Weightlifting Centre, Hawthorn, Melbourne



SPORT AND
RECREATION
VICTORIA

WOMEN

| | Born | Club | Body Wt | Snatch | Cl. & Jk. | Total | Place |
|-----------------------------|------|------------|---------|--------|-----------|-------|-------|
| <u>58kg category</u> | | | | | | | |
| <u>AGE 45-49</u> | | | | | | | |
| Melissa Spain | 1963 | Grace Park | 54.20 | 25 | 35 | 60 | 1 |

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|-----------------------------|------|-----------|-------|----|----|----|---|
| <u>63kg category</u> | | | | | | | |
| <u>AGE 45-49</u> | | | | | | | |
| Lina Vukojevic | 1961 | LG Studio | 61.53 | 40 | 55 | 95 | 1 |

Vukojevic set a new Victorian record with her 55 Clean & Jerk.

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|-----------------------------|------|---------|-------|----|----|----|---|
| <u>69kg category</u> | | | | | | | |
| <u>AGE 65-69</u> | | | | | | | |
| Elaine Janes | 1945 | Geelong | 64.10 | 25 | 35 | 60 | 1 |

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|-----------------------------|------|---------|-------|----|----|----|---|
| <u>75kg category</u> | | | | | | | |
| <u>AGE 35-39</u> | | | | | | | |
| Sheree Peck | 1972 | Geelong | 74.25 | 37 | 51 | 88 | 1 |

| | | | | | | | |
|------------------------------|------|---------|-------|----|----|----|---|
| <u>+75kg category</u> | | | | | | | |
| <u>AGE 50-54</u> | | | | | | | |
| Deborah Thomas | 1956 | Geelong | 96.75 | 27 | 33 | 60 | 1 |

OPEN CONTEST

| | | | | | | | |
|---------------------|------|------------------|-------|----|----|-----|--|
| Lizzie Watson | 1992 | Central Vic YMCA | 62.35 | 35 | 47 | 82 | |
| Susan Dobson | 1984 | Grace Park | 67.00 | 30 | 45 | 75 | |
| Kirsten Haysom | 1980 | Grace Park | 67.85 | 48 | 60 | 108 | |
| Sara Kersten-Murphy | 1983 | Geelong | 64.85 | 56 | 71 | 127 | |
| Raelene Eckardt | 1995 | Central Vic YMCA | 87.25 | 32 | 38 | 70 | |

Referees: Leo Ryan, Tony Villanti, Mike Way

Best lifters:

Master's Championship Lina Vukojevic (SMM score = 147.97)
Open Contest Sara Kersten-Murphy (Sinclair score = 155.08)

MEN

| | Born | Club | Body Wt | Snatch | Cl. & Jk. | Total | Place |
|-----------------------------|------|------------------|---------|--------|-----------|-------|-------|
| <u>77kg category</u> | | | | | | | |
| <u>AGE 40-44</u> | | | | | | | |
| David Holt | 1968 | Traralgon | 74.40 | 72 | 91 | 163 | 1 |
| Peter Trapp | 1967 | LG Studio | 74.35 | 55 | 65 | 120 | 2 |
| <u>AGE 45-49</u> | | | | | | | |
| Goran Vukojevic | 1962 | LG Studio | 77.00 | 65 | 90 | 155 | 1 |
| <u>85kg category</u> | | | | | | | |
| <u>AGE 65-69</u> | | | | | | | |
| David Thompson | 1943 | LG Studio | 77.95 | 34 | 34 | 68 | 1 |
| <u>OPEN CONTEST</u> | | | | | | | |
| Kyle Watson | 1996 | Central Vic YMCA | 57.90 | 38 | 54 | 92 | |
| Akashdeep Singh Gill | 1989 | Phoenix | 73.20 | 95 | 122 | 217 | |
| Toby Ferrucci | 1990 | Phoenix | 74.65 | 80 | 100 | 180 | |
| Matthew Pit | 1991 | Phoenix | 74.50 | 80 | 100 | 180 | |
| Robbie Forte | 1986 | Grace Park | 76.95 | 70 | 91 | 161 | |
| Aaron Vlachos | 1983 | Phoenix | 76.20 | 98 | 115 | 213 | |

Referees: Julio Melo (Snr), Boris Kayser, Leo Ryan

| | | | | | | | |
|-----------------------------|------|------------------|-------|----|----|-----|---|
| <u>85kg category</u> | | | | | | | |
| <u>AGE 40-44</u> | | | | | | | |
| Paul Allen | 1968 | Hawthorn | 82.50 | 62 | 85 | 147 | 1 |
| Rohan Eckardt | 1968 | Central Vic YMCA | 81.45 | 43 | 53 | 96 | 2 |
| <u>AGE 60-64</u> | | | | | | | |
| John Clow | 1949 | Central Vic YMCA | 84.25 | 70 | 98 | 168 | 1 |
| <u>AGE 70-74</u> | | | | | | | |
| Chris Holt | 1936 | Traralgon | 79.35 | 50 | 45 | 95 | 1 |

Clow set a new Australian record with his 98 Clean & Jerk. His Clean & Jerks of 95 & 98, and Total of 168 are new Victorian records.

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|-------------------------------|------|-----------|--------|----|-----|-----|---|
| <u>94kg category</u> | | | | | | | |
| <u>AGE 50-54</u> | | | | | | | |
| Nick Milankovic | 1957 | Hawthorn | 91.85 | 80 | 105 | 185 | 1 |
| <u>AGE 65-69</u> | | | | | | | |
| Frank Parsons | 1942 | Geelong | 91.50 | 50 | --- | --- | - |
| <u>105kg category</u> | | | | | | | |
| <u>AGE 65-69</u> | | | | | | | |
| John Reynolds | 1944 | Traralgon | 102.60 | 53 | 75 | 128 | 1 |
| <u>+105kg category</u> | | | | | | | |
| <u>AGE 45-49</u> | | | | | | | |
| James Holt | 1964 | Traralgon | 119.45 | 65 | 65 | 130 | 1 |

OPEN CONTEST

| | | | | | | |
|------------------|------|------------|-------|----|----|-----|
| Julio Melo (Jnr) | 1995 | Hawthorn | 84.80 | 63 | 72 | 135 |
| Benjamin Anglis | 1980 | Grace Park | 92.20 | 80 | 98 | 178 |

Referees: Boris Kayser, Kevin White, Tony Villanti

Best lifters:

| | | |
|-----------------------|----------------------|---------------------------|
| Master's Championship | John Clow | (SMM score = 308.68) |
| Open Contest | Akashdeep Singh Gill | (Sinclair score = 280.14) |