



Established 1920

VWA OPEN COMPETITION

held: 29 May 2010

at: Victorian Weightlifting Centre, Hawthorn, Melbourne



SPORT AND
RECREATION
VICTORIA

MEN

	Born	Club	Body Wt	Snatch	C&J	Total
Damien Hewish	1964	Knox	55.90	75	95	170
Mithuvin Jayasooryan	1988	Phoenix	67.55	70	94	164
Akashdeep Singh Gill	1989	Phoenix	73.65	100	130	230
Paul Glezer	1981	Phoenix	84.20	85	115	200
Michael Torriero	1966	Geelong	87.65	85	100	185
Matthew Scott	1988	Grace Park	123.60	105	138	243
Guest						
Andrew Ciancio	1978	New Zealand	93.3	135	160	295

Referees: Kevin White, Boris Kayser, Graeme Harper

Best lifter:

Akashdeep Singh Gill Phoenix

WOMEN

	Born	Club	Body Wt	Snatch	C&J	Total
Socheata Be	1989	Hawthorn	47.90	62	---	---
Vivian Lee	1978	Hawthorn	49.35	66	88	154
Melissa Spain	1963	Grace Park	53.75	26	40	66
Reachney Be	1994	Hawthorn	54.45	51	56	107
Seen Lee	1982	Hawthorn	58.70	90	106	196
Pippa Shaw	1986	Phoenix	62.00	42	58	100
Elaine Janes	1945	Geelong	63.00	27	37	64
Kate Lindford	1987	Hawthorn	111.25	71	87	158

Referees: Kevin White, Mike Way, Sarkisian

Best lifter:

Seen Lee Hawthorn