

VWA OPEN & MASTERS GRAND PRIX #4

Held: Saturday 06 August 2011

At: Victorian Weightlifting Centre, Hawthorn, Melbourne

Session 1: Men

	Born	Club	Bodywt.	Snatch	C & J	Total
James Delaney	1996	De La Salle	51.25	40	62	102
Jason Gevrekos	1988	Hawthorn	68.50	68	95	163
David Holt	1968	Traralgon	75.30	65	85	150
Rohan Mason	1946	Hawthorn	78.15	58	76	134
Paul Allen	1968	Hawthorn	84.15	74	97	171
Wes Spargo	1994	Grace Park	78.40	73	101#	174
Peyman Imani	1994	Hawthorn	85.00	64	79	143
Jared Tyler	1985	Hawthorn	87.15	67	87	154

Referees: Goran Vukojevic, Tony Villanti, Claude Thomasich

NOTE: # = New Victorian Youth Record in the 85kg category.

Session 2: Women

	Born	Club	Bodywt.	Snatch	C & J	Total
Melissa Spain	1963	Grace Park	54.10	30	40	70
Elaine Janes	1945	Geelong	62.80	26	34	60
Hannah Savige	1980	Grace Park	66.70	50	63	113
Miranda Hoare	1990	Geelong	67.45	35	45	80
Lisa King	1983	Grace Park	68.00	30	45	75
Jessica Parsons	1982	Geelong	83.45	35	50	85
Kate Linford	1987	Hawthorn	112.05	74	91	165

Referees: Jenny Sanchez, Tony Villanti, Goran Vukojevic

Session 3: Men

	Born	Club	Bodywt.	Snatch	C & J	Total
Milos Trnka	1943	Phoenix	87.55	50	68	118
Frank Parsons	1941	Geelong	92.00	51	71	122
Armando Miotti	1962	Peninsular	91.10	110	136	246
Joshua West	1987	Geelong	85.70	65	82	147
John Reynolds	1944	Traralgon	101.50	54	74	128

Referees: Irad Shamsai, Yurik Sarkisian, Joshua Johns

Best Lifters:

Open	Male	Armando Miotti
Open	Female	Kate Linford
Masters	Male	Armando Miotti
Masters	Female	Elaine Janes