

Victorian Weightlifting Association Inc.

ABN: 14 246 625 815

PO Box 7, HAWTHORN 3122 Victoria Australia

Phone 03 9819 5599 Fax 03 9819 4164



Hawthorn Weightlifting Club Championships

Mermet Victorian Weightlifting Stadium

Linda Crescent Hawthorn

December 20 2008

Results-Male

Name	B/WT	YOB	Club	Best Snatch	Best C&J	Total	Sinclair Score
56 Kg Category							
Vannara Be	55.95	88	Hawthorn	100	120	220	343.12
62 Kg Category							
Matthew Peterson	61.3	89	Hawthorn	78	100	178	258.66
69 Kg Category							
Francois Etound	68.6	84	Hawthorn	127	150	277	372.05
Mark Hollaway	68.15	88	Hawthorn	93	107	200	269.80
Musa Kamara	68.35	79	Guest	100	135	235	316.40
77 Kg Category							
Steve McConnell	72.1	91	Hawthorn	107	124	231	300.54
Claudio Esposito	70.9	71	Hawthorn	65	79	144	189.33
Aaron Vlahos	73.3	83	Guest	95	117	212	273.03
85 Kg Category							
Simplice Ribouem	84.25	82	Hawthorn	150	180	330	393.20
Paulo Magistrado	84.8	92	Hawthorn	70	90	160	190.02
Simon Callander	83.45	83	Guest	75	117	192	229.89
94 Kg Category							
Simon McCoy	90.75	83	Hawthorn	110	135	245	281.69
Nick Milankovic	93.35	57	Hawthorn	82	114	196	222.55
Josh Quinn	93.75	91	Hawthorn	90	100	190	215.34
Milos Trnka	87.15	43	Hawthorn	50	75	125	146.47
James Parry	93.25	90	Guest	75	100	175	198.80
105Kg Category							
Michael Bridgeman	101.75	85	Hawthorn	85	106	191	209.52
Jack Saunders	97.05	88	Hawthorn	80	107	187	208.91
105+Kg Category							
Corran Hocking	155.8	80	Hawthorn	170	205	375	375.79
Matthew Falcone	160.35	87	Hawthorn	137	180	317	317.26
Adam Kok	118.45	90	Guest	120	137	257	268.83
Peter Hardiman	107.3	82	Guest	-	-	-	-

Established 1920

Results-Female

Name	B/WT	YOB	Club	Best Snatch	Best C&J	Total	Sinclair Score
53 Kg Category							
Sabrina Wheldon	52.8	90	Hawthorn	45	55	100	133.85
Reachney Be	52.45	94	Hawthorn	33	41	74	99.59
58 Kg Category							
Seen Lee	57.85	82	Hawthorn	96	112	208	259.63
Socheata Be	54.7	89	Hawthorn	64	78	142	184.79
Bernadette Kinnane	53.25	57	Hawthorn	33	38	71	94.38
63 Kg Category							
Jacquie White	62.65	82	Hawthorn	80	95	175	207.14
Marika Kahle	62.75	77	Hawthorn	40	42	82	96.96
69 Kg Category							
Linda Hancock	68.6	70	Guest	53	63	116	130.39
Willoe Freeman	66.15	76	Guest	45	60	105	120.36
75 Kg Category							
Belinda Van Tienen	75	86	Hawthorn	88	107	195	210.27
Carly McKay	72.4	86	Hawthorn	54	66	120	131.40
75+ Kg Category							
Shirley McFarland	113.5	35	Hawthorn	23	27	50	50
Kathryn Johnson	97.85	91	Guest	46	60	106	106.57

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Sinclair Ranking

Female

Name	B/WT	YOB	Club	Best Snatch	Best C&J	Total	Sinclair Score
Seen Lee	57.85	82	Hawthorn	96	112	208	259.63
Belinda Van Tienen	75	86	Hawthorn	88	107	195	210.27
Jacquie White	62.65	82	Hawthorn	80	95	175	207.14
Socheata Be	54.7	89	Hawthorn	64	78	142	184.79
Sabrina Wheldon	52.8	90	Hawthorn	45	55	100	133.85
Carly McKay	72.4	86	Hawthorn	54	66	120	131.40
Reachney Be	52.45	94	Hawthorn	33	41	74	99.59
Marika Kahle	62.75	77	Hawthorn	40	42	82	96.96
Bernadette Kinnane	53.25	57	Hawthorn	33	38	71	94.38
Shirley McFarland	113.5	35	Hawthorn	23	27	50	50

Male

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Simplice Ribouem	84.25	82	Hawthorn	150	180	330	393.20
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Francois Etound	68.6	84	Hawthorn	127	150	277	372.05
Vannara Be	55.95	88	Hawthorn	100	120	220	343.12
Matthew Falcone	160.35	87	Hawthorn	137	180	317	317.26
Steve McConnell	72.1	91	Hawthorn	107	124	231	300.54
Simon McCoy	90.75	83	Hawthorn	110	135	245	281.69
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Michael Bridgeman	101.75	85	Hawthorn	85	106	191	209.52
Jack Saunders	97.05	88	Hawthorn	80	107	187	208.91
Paulo Magistrado	84.8	92	Hawthorn	70	90	160	190.02
Claudio Esposito	70.9	71	Hawthorn	65	79	144	189.33
Milos Trnka	87.15	43	Hawthorn	50	75	125	146.47

Guests-Female

Name	B/WT	YOB	Club	Best Snatch	Best C&J	Total	Sinclair Score
Linda Hancock	68.6	70	Guest	53	63	116	130.39
Willoe Freeman	66.15	76	Guest	45	60	105	120.36
Kathryn Johnson	97.85	91	Guest	46	60	106	106.57

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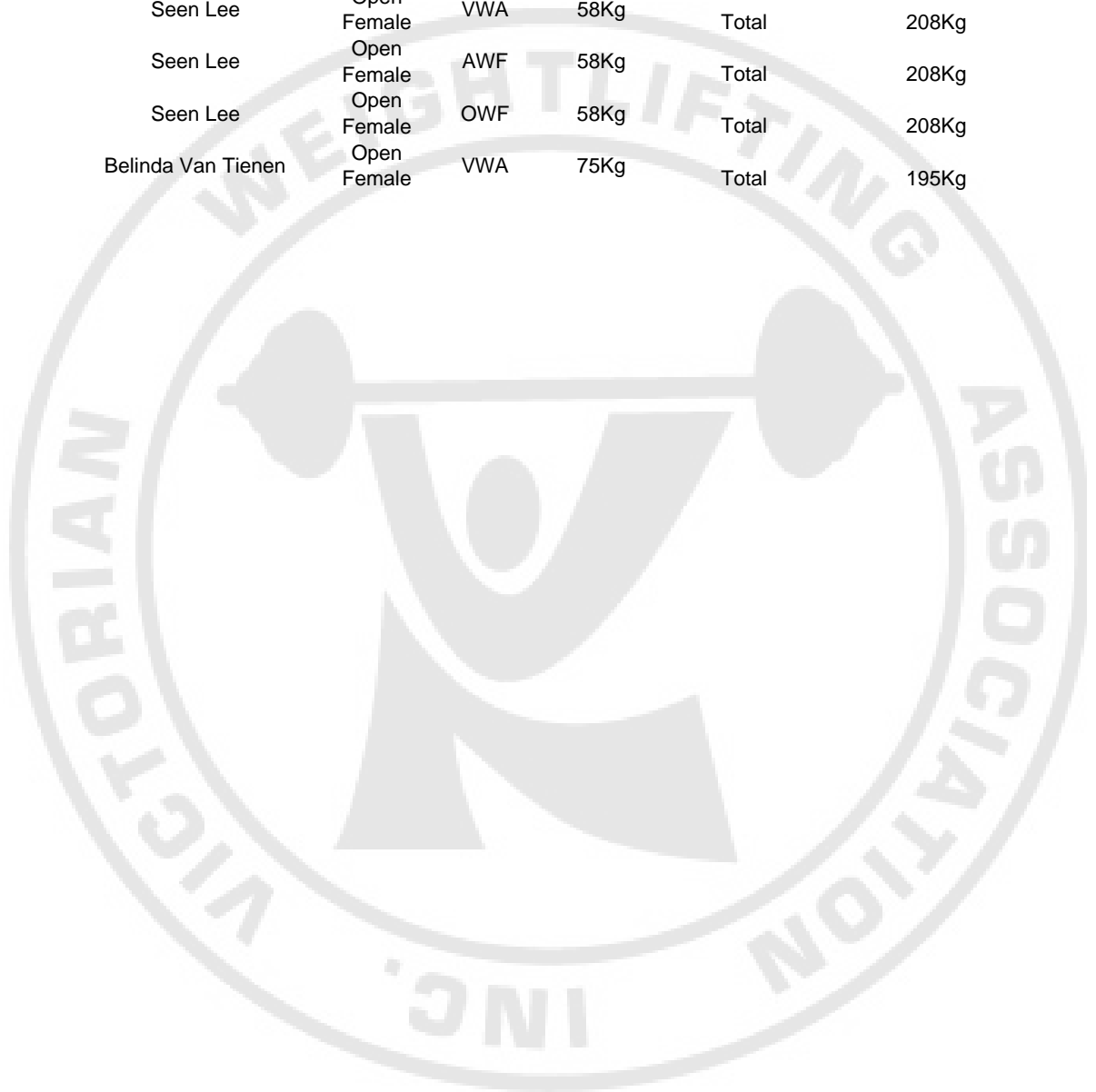
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December 20 2008

Records Broken

Lifter	Type	Level	Category	Lift Type	Weight
Vannara Be	Under 20 Male	VWA	56Kg	Snatch	100Kg
Vannara Be	Open Male	VWA	56Kg	Snatch	100Kg
Vannara Be	Under 20 Male	AWF	56Kg	Snatch	100Kg
Vannara Be	Under 20 Male	VWA	56Kg	Clean And Jerk	120Kg
Vannara Be	Open Male	VWA	56Kg	Clean And Jerk	120Kg
Vannara Be	Under 20 Male	AWF	56Kg	Clean And Jerk	120Kg
Vannara Be	Under 20 Male	VWA	56Kg	Total	220Kg
Vannara Be	Open Male	VWA	56Kg	Total	220Kg
Vannara Be	Under 20 Male	AWF	56Kg	Total	220Kg
Seen Lee	Open Female	VWA	58Kg	Snatch	94Kg
Seen Lee	Open Female	AWF	58Kg	Snatch	94Kg
Seen Lee	Open Female	OWF	58Kg	Snatch	94Kg
Seen Lee	Open Female	VWA	58Kg	Snatch	96Kg
Seen Lee	Open Female	AWF	58Kg	Snatch	96Kg
Seen Lee	Open Female	OWF	58Kg	Snatch	96Kg
Seen Lee	Open Female	CWF	58Kg	Snatch	96Kg
Seen Lee	Open Female	VWA	58Kg	Clean And Jerk	107Kg
Seen Lee	Open Female	AWF	58Kg	Clean And Jerk	107Kg
Seen Lee	Open Female	OWF	58Kg	Clean And Jerk	107Kg
Seen Lee	Open Female	VWA	58Kg	Clean And Jerk	112Kg
Seen Lee	Open Female	AWF	58Kg	Clean And Jerk	112Kg
Seen Lee	Open Female	OWF	58Kg	Clean And Jerk	112Kg

Seen Lee	Open Female	VWA	58Kg	Total	203Kg
Seen Lee	Open Female	AWF	58Kg	Total	203Kg
Seen Lee	Open Female	OWF	58Kg	Total	203Kg
Seen Lee	Open Female	VWA	58Kg	Total	208Kg
Seen Lee	Open Female	AWF	58Kg	Total	208Kg
Seen Lee	Open Female	OWF	58Kg	Total	208Kg
Belinda Van Tienen	Open Female	VWA	75Kg	Total	195Kg



Established 1920